

# MAINE FIDDLE CAMP

## HEALTH AND SAFETY COORDINATOR/ CAMP NURSE INFORMATION FOR CAMPERS

Maine Fiddle Camp is a day-time and over-night music venue for adults and children. A health care provider is at camp at all times to provide basic first aid and to make triage decisions for ill or injured campers. To help you plan your optimal camp experience, here are some tips:

- 1) The camp nurse/ health coordinator assesses and provides triage decisions for either **basic first aid**, or to suggest and coordinate transport to a tertiary center if the illness/ injury exceeds basic level of care. In the event the camper is incapacitated or an unaccompanied minor, ambulance services may be called upon, with the associated costs at the camper's expense. Transport back to camp, from a clinic or hospital, is the camper/ parent's responsibility.
- 2) The health coordinator/ camp nurse does not administer daily or emergent medications; all medications at camp are self-administered by campers themselves, including unaccompanied minors (exception below)
- 3) New at camp in 2022: **unaccompanied minor campers** may receive weight-based Acetaminophen with parental/ guardian written permission as defined on the registration form. Information notification to parents via phone call will follow any illness or injury, with documentation on camper's record.
- 4) Reportable illnesses/events will follow Maine State guidelines.
- 5) A “do-it-yourself” kit is available for **adult** campers, including, but not limited to, Tylenol/ Ibuprofen/ band-aids/ allergy relief/ laxatives/ other OTC products. **All minor aged campers must have parents dispense any “DIY” products.** Campers should bring their own first aid treatments as a kit; these items in the “DIY” kit are not intended to be a steady supply; rather as urgent supplies until a camper can travel to a pharmacy. This DIY kit will remain in the infirmary and campers should use hygienic practice when accessing.
- 6) The health coordinator/ camp nurse is available 24 hours a day via phone and is on site continuously.
- 7) The on-site “infirmary” is intended as a basic first aid station and does not provide extended care to ill or injured campers. You are encouraged to make a plan in advance, to return home or find suitable lodging, in the event you or camping family members are too ill or injured to attend classes or perform self-care.